

e.y.h.o. tours

North India

Nomadic culture, textiles, landscapes

Kashmir April 29– May 8, 2026

Ladakh May 8 – May 17, 2026

The greatest reward and privilege of travel is when almost nothing is so familiar that it is taken for granted – Bill Bryson



Updated Jan 2025



Two showstopping regions on the Pashmina Trail

Kashmir “Heaven on Earth” is no exaggeration. For millennia, Kashmir’s stunning vistas have captivated all manner of visitors and invaders. At the crossroads of ancient Central Asian trade routes, Kashmiri craftspeople have honed the very finest weaving and embroidery techniques on the most precious of fibres: pashmina.

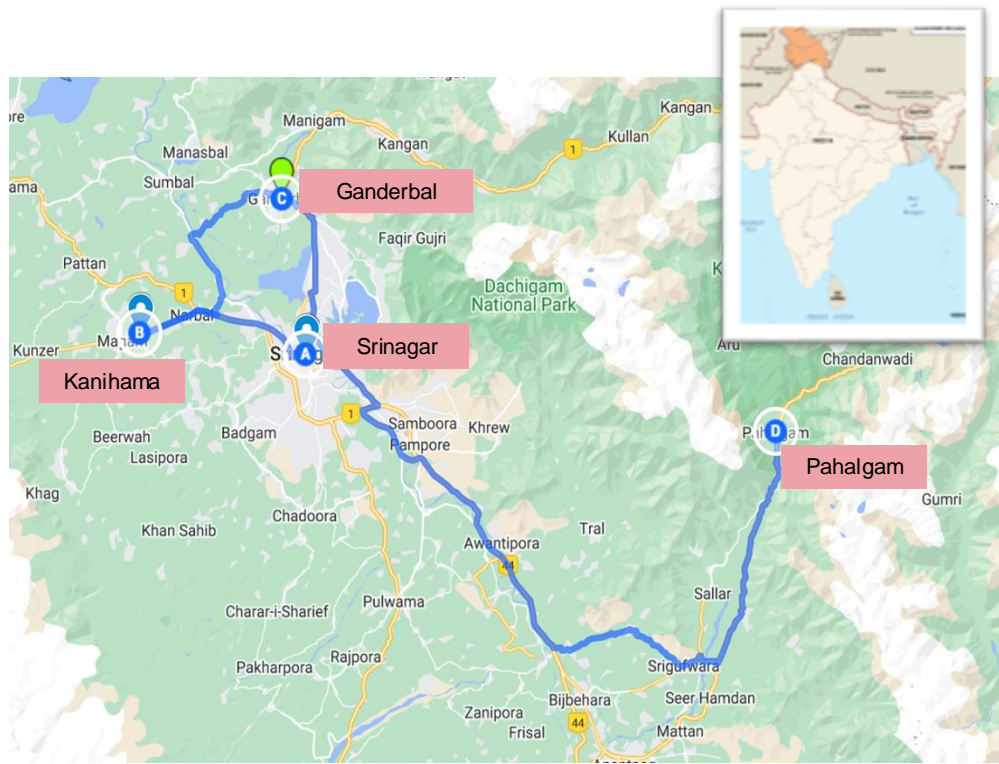
Ladakh Cut off from the world for most of the year, Ladakh is a place where modernity has yet to intrude. High above the treeline, huge Buddhist monasteries tucked into the rocky landscape fly prayer flags to the chanting of monks. On the plateaux, nomads tend to their Changthangi goats and harvest wool. A life so simple, yet it feeds the desire for the one of the world’s most luxe, softest of fibres.

An opportunity to trace pashmina from pasture to loom.

Highlights

- Trace the **trail of pashmina** from pasture to loom
- Newly re-opened **Kashmir**: 6th CE UNESCO “Creative City” of **Srinagar**, the beauty of **Aru Valley** and **Pahalgam**
- Studio visits and demos in **hand spinning, designing, washing, dyeing, weaving** and **sozni embroidery**
- Hands-on workshops in **Kashmiri papier mache** and **sozni embroidery**
- **Houseboat stay** in Srinagar
- Textile **cooperatives** and **NGO visits**
- Interact with **Kharnak nomads** of **Ladakh**: lifestyle, herding, harvesting, carding, spinning, and backstrap weaving
- Hands-on **natural dyeing workshop** of Ladakhi pashmina wool
- Living heritage of Tibetan Buddhism in **Ladakhi monasteries**
- **Culinary beats** and choicest regional cuisine
- Unforgettable vistas from the **“Roof of the World”**

“A joy to travel with you to a truly stunning part of India! A special place with so many talented artisans.” – Anne A., Staffordshire



AT A GLANCE . . . KASHMIR

(9 nights/10 days APR 29- MAY 8, 2026)

- 6 nights Srinagar
- 1 night Pahalgam
- 2 nights Nigeen Lake houseboat

Small group: min 12 pax/max 16 pax.

Contact: shila@eyhotours.com

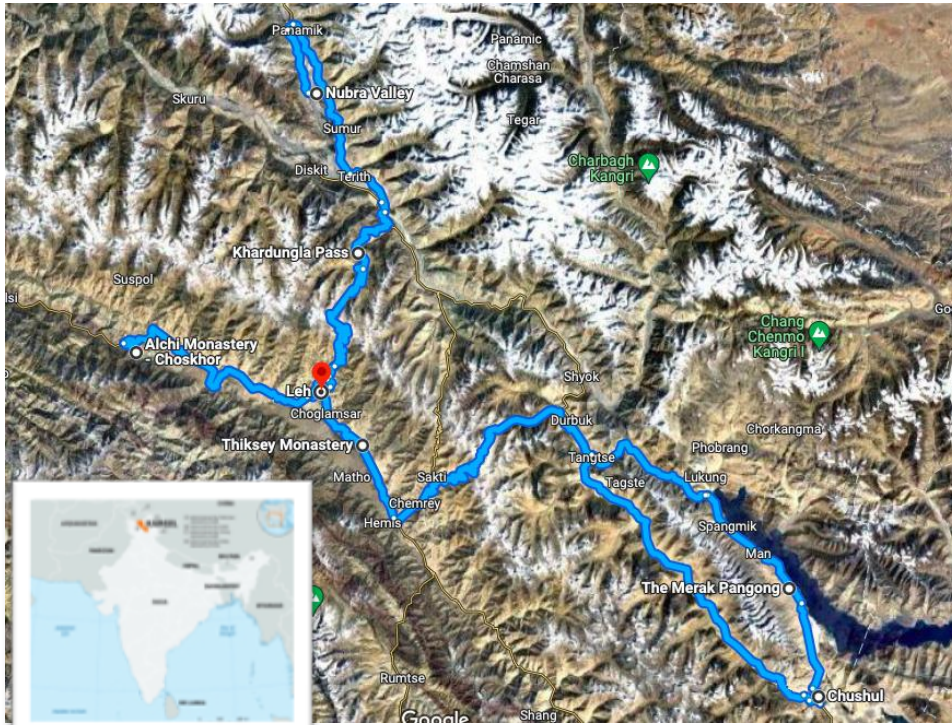
Kashmir - why go?

Kashmir, where the mountains touch the sky and pristine lakes reflect the heavens. This land has inspired travellers, emperors, and artisans alike since the days of the Silk Route. Proudly independent-minded and deeply rooted in traditions unique to their beautiful valley, Kashmiris are immensely affectionate and warmly welcome visitors. This openness, despite political upheaval unleashed in the recent past, speaks to the perseverance of the Kashmiri people. While rulers come and go, and governments wrestle over control, Kashmiris hold steadfast. They continue to create one of the world's richest arts, crafts and textile traditions. I have waited a long time to share Kashmir with you. Join me!

~ *Shila*

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AT A GLANCE... LADAKH

(9 nights/ 10 days MAY 8 - MAY 17, 2026)

- 5 nights Leh
- 1 night Nubra Valley
- 2 night Thiksay
- 1 night Tso Kar

Small group: min 10 pax/max 14 pax.

Contact: shila@eyhotours.com

Ladakh - why go?

Ladakh where high altitude deserts and vast valleys were once crisscrossed by caravanserai and nomads with their herds. The modernisation clock is ticking, and “progress” is seeping inland, but the core is still accessible by venturing off the beaten track. In this thoughtfully curated itinerary, we will peek into the richness, depth, and pageantry of Ladakh’s centuries-old culture, traditions, and folk heritage. Importantly we will trace pashmina, coveted of luxury fibres, to its nomadic roots and link it to the fine textile artisanship we will see in Kashmir. Bear witness to Ladakh’s exciting initiative to reclaim the pashmina narrative and support its own artisans. Come away completely inspired and entranced!

~ **Shila**

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Enquiries: shila@eyhotours.com

[Terms and conditions](#)

[FAQs](#)

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For your complete peace of mind, E.Y.H.O. is TICO (Travel Industry of Ontario) accredited #50023991 governed by laws of Canada



Flights

- Best airport is DEL for international flights, serviced by all major carriers.
- Easy connections available from DEL-Srinagar and Leh-DEL on Indian carriers Indigo, Vistara, Air India. See [FAQs](#) P 7-8
- Tour starts: Kashmir on 29th April at 2.30pm; Ladakh on 8 May at 2pm
- Tour ends after breakfast: Kashmir on May 8; Ladakh on May 17
- Early arrivals require additional hotel nights. Please see [FAQs](#) P. 8.
- Flight Srinagar-Leh included for combined Kashmir/Ladakh participants

Acclimatisation in Ladakh

Ladakh lies at an elevation over 3,000m/11,500ft above sea level. To prevent Acute Mountain Sickness (AMS) we have built in first days of acclimatization in relatively lower Leh before going to higher altitudes in the southeast. Please consult your medical advisor before embarking on this tour.

Safety in Kashmir and Ladakh

Large volumes of domestic tourists visit Kashmir and Ladakh incident-free each year and foreign visitors are treated as honoured guests. The last incident involving foreigners was in 1995. Separatist leaders in Kashmir have regularly stated that they welcome tourists. Their issue is with the Indian government not tourists. A heavy military presence lends to a safer travel environment. Nevertheless, we keep a close watch on developments. In the unlikely event of trouble in either region, we will reroute to Punjab. See Registration Form for more detail.

COSTS

PP USD based on min. 10 pax.	Kashmir 10 days	Ladakh 9 days	Kashmir and Ladakh 19 days \$250 off double pp/120 off single
Double occ.	Please write us	Please write us	Please write us
Single supplement	Please write us	Please write us	Please write us

Kashmir Inclusions

- fully accompanied by E.Y.H.O. owner, Shila
- 4-star hotels and premium houseboat
- Expert English-speaking guide
- Private A/C transportation
- Daily breakfast and either lunch or dinner
- 2 hands-on workshops in papier mâché and sozni cap making
- Demos in pashmina spinning, weaving, sozni embroidery, kani, and dyeing and washing, copper-smithing, wood inlay, pottery.
- Kashmiri Wazwan cuisine farewell lunch
- Old Srinagar cultural tour
- Evening shikara ride on Dal Lake
- Floating vegetables and flowers market on Dal Lake
- Mineral water and daily light snacks
- Aru Village cultural walk
- Kanihama and Sagg Eco village experience
- All entrances, taxes, and fees

Excludes: international and regional flights; gratuities, and incidental expenses

Ladakh Inclusions

- fully accompanied by E.Y.H.O. owner, Shila
- 4* heritage and boutique accommodation
- 1 night homestay
- Expert English-speaking guide
- Private transportation in non A/C Innovas
- Hands on workshop weaving, spinning, natural dyeing
- Demos spindle spinning and lap-loom weaving
- Several folk dance and music performances
- Daily breakfast and meals as indicated
- Private design collection and audience with prominent Ladakhi designer
- Visits to textile cooperatives and meeting with founders
- Bottled water
- All entrances, taxes, and fees
- Flight Srinagar-Leh if booking both Kashmir and Ladakh

Excludes: international and regional flights; oxygen cylinders, gratuities, and incidental expenses



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